**East of England Young People’s forum**

**Wednesday 29th November**

**Meeting 3 – 14:00– 14:30**

**In attendance**

Essex

Luton

**Minutes**

Our final introduction meeting of this year as we look to continue growing this new group across the East of England! Wonderful to see some new faces and some faces we recognise from within Essex! Our first agenda item was to discuss what this group would like to be focusing on moving forwards and there were a few different thoughts:

* Preparing for adulthood
* Internet safety
* Anti-bullying
* Educate about our differences

Some themes here that may also link into other areas across the East of England. Next up was naming the group & so the young chucked in their suggestions to the mix we have had so far:

* EAST – Educate, action, SEND, together
* Teenage teach
* Group chat East
* People chat

The idea of having EAST as an acronym was popular across the group although the A could also be actively or accessibility (as suggested by the group). And finally, we moved on to discuss how meetings like this could be more engaging:

* Quiz/polls
* Surveys, pictures, Emojis
* Give people a chance to make something
* Know the questions beforehand
* Video clips
* Bits of information

It was great to end with such enthusiasm. Our job now is to start pulling together all the information from October and November before we come to our next virtual meeting in January 2024! Keep safe everyone.