'Hiya, I'm Banjo and I have ASD, extreme anxiety and could have dyspraxia. We call these disorders neurodiversity. Sometimes I do things to can't help like being fidgety and angry.'

> 'My name is Banjo. I find listening tricky and I have a hidden disability.'

'I need extra help.'

'I'm a SEN child'

Banjo Tag line - What could it be? Banjo has a hidden need / disability. If someone met Banjo they would not know. Can you think of things he could say to help people understand about his need?



'I need more help than others and I can't see.' 'I find it hard to control my emotions'

'I find it hard to keep still and not fiddle'

'I struggle to communicate and ask for help. Please don't touch me, please help me by talking to me.'

'I have a sunflower lanyard that shows I have a hidden disability. I may need help or a minute to myself. Will you let me use a fidget toy? Sometimes I do not like to play with others. I am happy to play on my own.' Hi I am Banjo

'Sometimes I need extra help or to be left alone. Ask me.'

'I will ask for extra help as I struggle too."

'If you see me sad, mad, upset, don't talk to me right then. I may yell or shout if you do and may shout at you or take it out on you!'

'If I have my ear defenders on please take me to a calmer area and give me a fidget, water and food. This is what I need but I can not ask for it.'



'Banjo may say things like; please don't shout at me, please don' touch me, please can you show me. I can't see properly. Please get out. Banjo may use sign language.'

'I have narcolepsy this means I fall asleep without any warning. If this happens then put something soft under my head and don't wake me up because it is dangerous. '

'Please don't touch my stuff. Just give me space. I can start on stuff that's really small or big. Please don't be loud. I get aggravated when hurt or stuff broken because of me. I am really very sad sometimes and that can aggravate me.'