**Braintree MSC Meeting March**

**Venue: Silver End**

**Date & Time: 12th March at 10am**

**Chair: Amy**

**Attended**

**Finchingfield Primary**

**Witham Oaks Academy**

**Templars Academy**

**Sliver End Academy**

**St Peters Primary**

**John Bunyan School**

**Holy Family Catholic**

**Rachel (engagement facilitator)**

**Caroline (BSL interpreter)**

**Apologies**

**Notely Green Primary**

**Wooden Farm**

*One school arrived in fancy dress in memory of a student who tragically passed away last year.*

A big thank you to Sliver End for hosting, and it was great to see new schools joining us! A big thank you to both Rachel for taking notes and Caroline for translating!

**Agenda**

1. Introduction – *Each person will write down or draw their favourite hobby/interest. then give it to someone on the other table. During the break they will then speak with the other person about their hobby/interest.*

* Lots of discussion in table groups regarding their interests – discussions about similar interests and experiences.

1. How can we promote going to school? – *What would help you and your friends?*

What would motivate you to come to school and learn:

* On arrival a brief playtime with your friends.
* Structured games at break/lunch times.
* Option to stay indoors at break/lunchtime to read books/play game/colouring
* Looking at the fishtank to help calm nerves
* Buddy system
* Read a book for 5 minutes on arrival or/and at breaktime
* A person to talk to about why you don’t want to go to school to see they can help find a solution
* One child created a thoughtful poem of encouragement (Amy to take picture)
* Interest-based activities on arrival
* Brain breaks – 5/10 minutes
* Every Friday – treats that everyone can enjoy
* Headphones to be allowed at break and lunch time to listen to music
* Safe space
* Buddy system – with the nursery/reception or people that join or those that need it
* Groups for interest sharing
* Rewards for attendance
* More lunchtime so can eat more lunch
* Time to have space when needed to calm down, not to be questioned
* Talk to a family support worker
* Thank you for listening

One of the young people also created a poem.

‘don’t worry just in case,

You go to this wonderful place,

All the things you learn is fun,

School is good for everyone.

Maths, English and reading too are very fun to learn and do’.

**BREAK – Find your hobby/interest and discuss with a partner.**

1. What would help more young people feel safe online? – *Social media, gaming, any technology.*

* Knowing who to talk to – at home and at school.
* Some games have report buttons.
* Screen time
* Parental controls.
* Being able to ban people if they upset you
* Password protect your log ins using different ones for each
* If someone swears or is offensive, they get kicked off the game
* Ability to record calls/chats
* Don’t speak to strangers/don’t accept calls from people you do not know
* An awareness that they may not be who they say they are
* Have an adult monitor the use
* More games where you can’t communicate with others/no chat option just fun playing
* Schools to create online games for each age group
* Ages 12 or below should have a child account with restricted access so appropriate
* Do not give personal details out online
* Trusted adult watching you
* Adult permission
* Lessons on internet safety
* Make sure the server is secure
* Parents to teach their children how to be safe

1. ADHD – *How could we raise more awareness? What would you like to know?*

*How do we raise more awareness?*

* Discussion with people that have ADHD, sharing experiences
* Raise money and awareness for ADHD services/support
* More information on the news
* Sharing video clips about it
* Special day for people with needs – sharing awareness of all different needs
* Assemblies about it
* Sharing books about it

*What would you like to know?*

* How do you know you have ADHD?
* How does it feel?
* What helps? Support/fidgets
* How are they different? Whilst knowing and explaining that everyone is different
* How do you get diagnosed?
* Does everyone have a bit of it?
* How does it affect people?

It was great to have everyone who contributed fantastic ideas and suggestions – thank you again! Our next Braintree MSC meeting will be on Tuesday 24th June and we are looking for a host so if you are able to, please let me know!