Harlow MSC Meeting

Pemberly Academy

3rd March 2025

**Attended**

Pemberly Academy

David (Engagement Facilitator)

Suzanne (BSL interpreter)

**Apologises**

Pear Tree Mead

Moreton Primary School

Cooks Spinney

Mark Hall

**Minutes**

Thank you so much to Pemberly Academy for hosting this meeting! It was great to see the young people from the school getting involved with us for the first time! A big thank you to David for writing the minutes as well!

Please find the responses/ ideas from the young people below.

How can we promote going to school:

* Be kind, support our friends
* Having time to be on your own
* Having time to be with friends
* Longer lunch
* Longer breaks
* More school trips
* Making lessons fun
* Having time to do activity of your choice.
* Choice to work either by yourself or with others.
* Improve the quiet area
* New sports equipment
* More interactive activities into learning
* More challenges
* More science experiment
* Fun time in the morning
* Physical activities in learning

Help young people feel safe online:

* I use parent guard when online
* My dad plays Fortnite with me to help me feel safe
* My dad checks friend’s requests to make sure they are safe
* I let my parents know when I’m online
* Visit safe websites
* Having someone to talk to if you have concerns about online issues
* Parental control.
* Use age-appropriate filter
* Disable voice chat
* Not giving out personal information
* Online safety day celebration

How can we raise awareness about ADHD:

* Make a PowerPoint about ADHD to share with children
* Have an assembly about ADHD
* Have people with ADHD talking about their ADHD
* Make posters
* How can we make people with ADHD feel more included and heard?
* How people with ADHD deal with their learning and behaviour – strategies to support them better, peer to peer.

Any topics for the next MSC:

* Awareness of other special educational needs/diagnosis’s

Thank you to Pemberly Academy young people for their contribution, it was great to hear your responses! Also, a big thank you to Cook Spinney for sending their contribution as well, which are included in these minutes.

Our next Harlow MSC meeting is on Tuesday 17th June, and if any of you would like to host – please let me know 😊