**The Multi-schools meeting notes Chelmsford**

**Venue: Beehive Lane**

**Date: 12th March 2025**

**Attended:**

**Beehive Lane**

**Thriftwood school**

**ECC Engagement Facilitator**

**Apologies –** Little Waltham, Hawthorns, Terling, St Michaels, Kingsroad

In what was a smaller Chelmsford meeting, the group still had a big impact! We actually started 10-minutes early with everyone keen to get involved. After the group recorded their hobbies our first question was about improving the want to go to school. This resulted in a range of ideas:

* Move around more – star jumps!
* A gaming area
* Shorter school days
* **More playtime**
* Bouncy castles
* Hot chocolate
* More sports
* Earlier breaks
* **Drinks dispenser**
* More trips
* Different types of food for lunch
* Bigger computer rooms
* More outdoor learning

For only two schools, this was an impressive list! We powered on to discuss online safety next and ideas that the group had. They would like to see young people cutting down their time online, spending more time with pets, tell an adult about online issues, use common sense, don’t put your number online, check things with parents, better parental controls, don’t pay on websites you don’t know be aware of viruses.

We then had time to come back to the hobbies that people had shared and those in the room discussed them with each other before we did a game that got us all moving about!

Our final agenda item was to discuss ADHD. We asked the group what questions they might have or how we could raise awareness:

* Tell your friends about it
* **More assemblies**
* **Get more information on websites**
* Do you get distracted?
* We could do some kind of fundraiser linked to ADHD
* Teach more about it in schools
* Do you bite your nails more?
* Do you struggle with sleep?
* There should be more information for parents

ADHD along with crime and mental health is one of our focus topics for the next couple of years. We then had time for some biscuits and a chat before picking our star of this meeting.

The star of the meeting was Nicole from Thriftwood for really growing throughout the meeting and adding in some amazing ideas!

Next meeting: Tuesday 24th June, 10am – 11:30am, Sir Geoff Hurst Academy